

**Adult Services Committee Meeting
Mental Health Planning Council
Charlottesville, Virginia**

Date: August 15, 2003

Location: Charlottesville Library

Time: 10:30 a.m. – Welcome
11:00 a.m. – Meeting Begins
2:30 p.m. – Meeting Ends

In Attendance:

Jack Wood	DMH	jwood@catawba.state.va.us
Teresa Douglas	DMH	tdouglas@catawba.state.va.us
Dana Traynham	VOPA	traynhdw@vopa.state.va.us
Bill Yolton	NAMI	lwylton@prodigy.net
Cynthia Power	VOCAL	cpower@cfw.com
Linda Edwards	VACSB MH Council	Linda@lynchburg.net
Brian Parrish	VOCAL	vocal@cstone.net
Ray Bridge	MVMHCA	guncontrol@aol.com

Topic	Discussion	Action Taken
Minutes	<p>After much discussion, it was agreed that any changes to the minutes should be sent to Jack Wood, via e-mail.</p> <p>A recorder will take minutes who is not part of the committee to allow Sherry Rose full participation as committee member.</p>	Once changes are received, Mr. Wood will make the necessary changes to the minutes.
Committee Goals	The purpose of this committee is to discuss adult services issues for the State and comment, monitor and make recommendations on the State's plans for these issues.	
Committee Needs	Linda Edwards proposed that the committee produce something. She suggested an agenda or projects list that the committee can follow. The committee needs to have a list of plans and the deadline dates for our response on plans.	Bill Yolton provided this list in the past.
Olmstead Group	Jack Wood stated that the Department considers Olmstead complete; however the committee	Bill Yolton has written a paper on this and it

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	felt, we should communicate in a letter that it still needs clarification on important points.	was suggested that it should be mailed.
Reinvestment/ Restructuring	<p>Mr. Bridge pointed out that in northern Virginia more consumers run programs. The plan for five counties will be using common facilities, taking two facilities and making one crisis care facility that will house fewer beds. The restructure will change the present situation of smaller hospitals serving the larger regions. The facilities remain full because the facilities were downsized and have fewer beds and staff to care for patients.</p> <p>Mr. Bridge explained to the committee that the reinvestment focus is how to find places in the community for people who get stuck. These patients need to go somewhere besides the hospital. The funds are not enough to meet all of the need.</p> <p>Ms. Traynham stated that there is concern that Eastern State will reduce beds instead of looking for somewhere to relocate. Central State is the same. More money is going to private facilities instead of state facilities. The number of days in a facility is how money will be saved.</p> <p>Mr. Bridge stated that northern hospitals are not looking at how to keep patients healthy in the community and out of the hospital.</p> <p>Mr. Wood explained that acute care length of stay at private hospitals is shorter. The length of stay is related to how long your insurance will last, while state facilities will keep you as long as you need.</p>	
Partnership Plan	Mr. Wood informed the committee that some of the seven regions had received \$70,000 to hire a coordinator. Ms. Edwards told the committee that Region 1 is not hiring a planner, however, they are utilizing the funds in the form of a building fund. An older building is	Bill Yolton will work on the cover letter and submit to the committee members for comment before sending along with the

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	<p>being renovated. SW does not have a Certificate of Need as of today</p> <p>Mr. Bridge informed the group the DOJ has signed off on Western State as of yesterday. The facilities are looking to fund themselves because the Bush Administration will not fund the hospitals. There was some confusion as to whether or not DOJ staffing would apply. In order to meet the DOJ staffing, staffing will drop census. Discharge in the morning, take census at noon and the admit patients in the PM.</p> <p>Mr. Wood informed the group that his region had had two stakeholder meetings. He explained to the committee that his region is not reinvesting but have moved directly to restructuring. He is looking to improve the system. The stakeholder meetings were held a week apart with attendance at approximately 100 consumers.</p> <p>Linda Edwards explained that they have regional meetings that consumers can participate in. Local service boards get the word out to the communities.</p> <p>Jack Wood stated the first geriatric meeting was held this past Tuesday and there were no consumers in attendance but that in the future greater efforts would be made to include them.</p> <p>Mr. Bridge explained that consumers do not understand the hospital process, however, there is an effort to educate consumers on the hospital process.</p> <p>Cynthia Power stated that the CSBs and facilities are the ones doing the work and you go to the meeting as a consumer but you don't feel like a participate.</p> <p>Jack Wood told the group that as a co-leader of the partnership planning, there were times that</p>	<p>paper he has written on this subject.</p>

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	<p>he felt like a follower and not a part of the process. Brian Parrish suggested that we write a “white paper” on the restructuring plan, since it is still in the planning process.</p> <p>Mr. Bridge informed the group that a Policy Advisory Group is meeting in Fisherville in September 22. Mr. Wood explained that he would be able to attend due to his facility’s Joint Commission survey. Mr. Wood also offered the September 22 meeting is not a meeting where you can hear what other people are doing.</p> <p>Brian Parrish stated that the Department should set up technical assistance, and an outreach. He asked what the Department recommends.</p> <p>Mr. Bridge suggested to the group that money doesn’t solve all problems. A change in leadership or the concept of how to do business can make a difference. He cited the recent change of Linda Lacy to Director</p> <p>Mr. Bridge asked what, if anything, would make an impact on the General Assembly. Mr. Wood responded that outside intervention, law suits, DOJ. Three or four years ago, Governor Gilmore pumped 64 million into the system. Facilities hardly ever received additional funds but are almost all receiving budget reductions</p>	
Human Rights Regulations	<p>The Human Rights Regulations are on a three-year cycle. This committee was promised another opportunity to participate in the development of the regulations, but it never happened.</p> <p>The committee needs to know what is the Department’s mission statement. The mission plan has not been updated for some time.</p> <p>Comments sent to the committee by D. Engster will be included in the letter to be written by Brian Parrish and Bill Yolton. Mr. Bridge</p>	<p>Bill Yolton and Brian Parrish will put together a letter and distribute this draft to the committee members for their comments. These comments must be submitted to Bill Yolton by August 20, as Central Office will submit the plan to CMS by September 1. Letter</p>

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	<p>informed the committee that Ms. Engster's comments have been submitted to the Olmstead Group; however, we should reference them in our letter. It was suggested that the letter should be modified and sent to the Governor.</p> <p>It was suggested that the committee read assigned sections of the Human Rights Regulations and as team write a position or "white paper" on the issues that the committee chooses to focus on. Ms. Edwards purposed two rich subjects for the committee to address: incarceration and human rights. Members of the committee agreed to a team effort and most agree that a consumer should be part of that team effort.</p>	<p>to be submitted to the Governor.</p> <p>At the next meeting, sections will be assigned to each member. Members will make a report to the committee on their assigned sections.</p>
Charlene Davidson's Key Issues	<p>The group discussed the e-mail from Charlene Davidson. The statement was made that promoting consumer and family involvement is not in the Statute. What is the Department going to do about this? Northern Virginia has a continual fight with the Department, and part of that is NAMI's fault. We did wellness training, we would like to do more, is funding available?</p> <p>Brian Parrish explained that NAMI would not fund education. VOCAL may have \$50,000 that can be used in part for wellness training. The statewide consumer group has been pulled into this planning process. This funding will not cover family education.</p> <p>There is a group that would like to do more of the wellness recovery training because it worked well.</p> <p>Brian Parrish explained that we do not wish to rush the proposal through, however, we need to send a letter that explains our intent and that we want their input.</p> <p>Ms. Davidson's list of key issues is different from the Comprehensive State Plan. What are they planning? Recovery model, the</p>	<p>Brian Parrish and Cynthia Power will work on a proposal and they will contact Bill Yolton for his input.</p> <p>Bill Yolton will prepare comments regarding Ms. Davidson's list. He will forward these to committee members for their comments and then send his response out to Ms. Davidson.</p>

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	<p>Department's mission statement...where are these? There are confidentiality issues; who looks at the patient records? Where is the request for input from family members and consumers?</p> <p>Does the Department do anything about housing? Bill Yolton addressed this question by saying that a few years ago money was coming in for housing. This money came through the CSBs. Linda Edwards stated the money is for supportive services and staff, but there isn't any money for group homes. There are federal funds through PATH for working with the homeless, HUD for housing and apartments.</p> <p>Mr. Bridge brought up the question of looking at a Block Grant. Is this something the committee should be looking into? It was decided that the Block Grants should be addressed.</p> <p>There is no mention of outcomes on Ms. Davidson's list.</p>	
Planning Council	The question was raised as to whether the committee wanted to communicate with the General Assembly. Bill Yolton volunteered to assist with this communication. A conference call will be arranged for those interested in participating.	
<p>Committee Meetings</p> <p>Retreat</p>	<p>It was agreed that future meetings should be catered to allow more time for discussion.</p> <p>The retreat should be empowered to make decisions. People are up for NAMPACT for training of Mental Health Council and help us do strategic planning. Mr. Bridge shared with the committee that before the retreat we had agreed to have an orientation before the October Retreat in Virginia Beach.</p> <p>Mr. Bridge mentioned that the Commissioner</p>	Janet Long or Jack Wood will take care of the accommodations.

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	has agreed to come to the retreat and talk about reinvestment.	
Next Committee Meeting	November 19, 2003 10:30 a.m. – 2:30 p.m. Location – To Be Determined	Brian Parrish and Cynthia Power will make the arrangements and let other committee members know the details.

Minutes submitted by Teresa Douglas.

L/Administration/Minutes/Adult Services Com Meeting Minutes 8.03